



Dr CM PRADYUMNA
Ayurvedāchārya

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PROFILE

Hailing from a traditional South Indian family, father, a professor of Botany specializing Bio-tech, tissue culture and gene cloning, integrated bio-technology with Ayurveda, propounder of a new concept 'Applied Botany' and mother, a nuclear Physicist who developed fingerprint techniques to identify medicinal plants through nuclear resonance techniques. Wife, a university topper from the same batch, is an accomplished āyurvedāchārya, she has been both, supporting and guiding him in all his endeavors. Learnt Vedic studies through the Guru śishya parampara in Trayee Veda Vidyalaya, Bangalore and pursued formal Ayurvedic medical education from the University of Mysore, India. Was conferred the first rank and is a gold medalist from the University awarded by Her Excellency Smt. Rama Devi, The Governor of Karnataka State. Practicing Clinical Ayurveda, working towards seamlessly integrating Ayurvedic practice with most modern diagnostics. Author of an upcoming book on Clinical Ayurveda.

EXPERIENCE

SSMRV, POST GRADUATE RESEARCH CENTRE FOR APPLIED BOTANY, BANGALORE — 1999-2000

As a guest lecturer taught the concepts of Ayurveda to Post Graduate students of Applied Botany to identify, document, preserve and propagate therapeutically active medicinal plants and orientation to Ayurvedic pharmaceuticals.

LECTURER, KRISHNARAJENDRA AYURVEDIC MEDICAL COLLEGE, BANGALORE — 2000-2001

Taught academic Ayurveda and Charaka Samhitā to undergraduate students.

PHYSICIAN, AYUSHMAN AYURVEDIC TRUST, ARYA VAIDYA PHARMACY AND RESEARCH CENTRE, COIMBATORE — 2001-2003

Worked as physician at the Coimbatore Hospital, headed Ayurveda centers and retreats in Taj Malabar and Taj Calicut, Kerala and in Tamil Nadu and West Bengal states, was posted as attending Physician to the His Excellency Governor of Tamil Nadu state. Lectured on various topics and handled orientation courses in theory and practice to students of B.Sc, Ayurveda from the UK.

DIRECTOR OF MEDICINE, THE VEDIC VILLAGE — 2003-2010

Headed the largest wellness centre in east India, conceptualized and executed the functioning of Sanjeeva The Wellness Centre at The Vedic Village, tried to integrate concepts of many systems of healthcare like Ayurveda, Yoga Western Naturopathy, TCM - Acupuncture and Homoeopathy. Promoted interdisciplinary learning amongst practitioners of various systems and methods of healthcare.

GUEST FACULTY, INDIAN INSTITUTE OF MANAGEMENT, JOKA, CALCUTTA — 2006-2007

Presented stress management programs for YPP - Young Professionals Program and SMP - Senior Management Programs that included sessions in understanding stress and simple yet powerful methods to manage stress with Ayurveda based lifestyle changes, dietary corrections, Yoga and healing music.

DIRECTOR, PRASIDA AYURVEDA CLINICS, CALCUTTA INDIA AND TORONTO, CANADA. -2010 -13

Started a concept of small format Ayurveda Clinics with a view of making Ayurveda more accessible and affordable to the general population, to spread awareness and actively document the case studies, paving way for ongoing and future research programs. During this timeframe has been an executive consultant at Emami Ltd for new drug development and planning of AYUSH hospitals, Consultant Physician, Belle Vue Hospital, Calcutta and Senior Consultant for Ayurveda and Yoga at The Vedic Village.

EDUCATION / LECTURES / PAPERS PRESENTED / REVIEWS / MEDIA

- University of Mysore - Bachelor of Ayurvedic Medicine and Surgery - 1999
- House Surgeon / Internship - Government Ayurvedic Medical College, Bangalore
- Vedic Studies - Trayee Veda Vidyalaya - Bangalore
- Therapeutic Index prepared for the medicinal plants in Himalayan Nepal funded by Aforda.
- Columnist - Times of India, The Telegraph
- Reviews - Ancient Science of Life - Journal published by the International Institute of Ayurveda.
- Articles on various Ayurveda and Yoga related topics written for Times of India, The Telegraph, Hindustan Times, Sananda, Vedic Vision-Journal.
- Papers Presented 'Management of Madhu Meha - Diabetes Mellitus in Ayurveda at the 35th World Conference of Medicina Alternativa, The Open International University for Complementary Medicines, Colombo, Sri Lanka. November 1997 and Paper 'Action of Anti Diabetic drugs in Madhu Harini formulation in relation to the Pathology of Madhumeha' - at C.S.I.R. (Ceylone Institute of Scientific and Industrial Research, Sri Lanka).
- Lectures on Clinical Ayurveda at various seminars and Institutions like the IIM, Calcutta, Ramakrishna Mission Science foundation, Institute of Post Graduate Ayurvedic Education and Research, Ministry of Health, Agri Horticultural Society of India, The Bengal Chamber of Commerce and Industry, Apollo Hospitals,
- Lecture series for patients and Ayurveda aspirants at ISKCON Mayapur.
- Represented and lectured at Incredible India campaign at ITB Berlin, Germany 2014.